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MAY 2017

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We are **BACCCCCCKKKKKKK**. Sorry it has been so long but our editor was busy setting up the race <u>registration</u>, making sure the POR store was fully stocked and updated on the website, and we had a lot of other races this spring.

It's already May, so put our race on your calendar for **NOVEMBER 4TH**, **2017**! Registration is now OPEN here. Get ready to start a team and help us get to our goal of registering 500+racers. Last year we had 300, so we will really have to rely on others to help recruit.

Also, be sure to check out the POR website, which has been given a facelift. We'll be updating the site with events in the coming weeks, but here's what we have up ahead:

- Solvang Half Marathon // May 13th // Solvang, CA
 Come even if you want to spectate, race ends at a wine garden!
- Mountains to Beach Marathon // May 28th // Ventura, CA
- Hamburger Mary's Bingo // August 9 @ 9pm // West Hollywood, CA
- Movie Night @ South Coast Botanical Gardens // Date TBD // Palos Verdes, CA Showing the movie Moana outside in one of their large garden areas
- POR Almost 10k/5k // November 4th // Malibu Creek State Park

If you want to see what other events we are posting about make to follow us on Instagram or Facebook.



Happy Mother's Day to all you mom's out there. I would say that now I know what Mother's Day is really about. More than 2 years after missing Nancy "Pants", Amato and understanding all the little things moms do and give to us, I have more appreciation for this holiday. It's great moms like Leslie Fischer and Luby Stankovic that leave us scrambling to find out how to fill the places in our lives that they had always occupied.

Obviously there is no way to fill in for mom. She is usually the sensitive one, the person you can go to with questions dad just doesn't have the brain capacity to answer. Mom is the one that bothers you as soon as your of age about why you aren't married, the person that tells you that you have to come home around the holidays, and probably the first person's name you learned. It is pretty cool how much time the take from their lives to make sure we keep alive.

So while we are running through Solvang, stuck in traffic, praying at mass, or just napping on the couch we will be think about all you moms that make our lives so much better. We will honor and find a way to thank those that we can't tell in person. Hugs and tweets all you moms, you hold a special place in our lives and a special day on the calendar. #that'scool #momjeans #momhair #meerkatmoms







In other news, our little meerkat Katie Lavin left us here on the west coast for the Big Apple! We miss our POR mom so much and wish her the best out there. So far, she experienced her first East Coast winter, set up her tiny apartment in the West Village, and is now time warping in Cuba. Hopefully we'll see her at the race this fall.



HIRSHBERG FOUNDATION NEWS:

UCLA scientists have unlocked an important mechanism that allows chemotherapy-carrying nanoparticles—extremely small objects between 1 and 100 nanometers (a billionth of a meter)—to directly access pancreatic cancer tumors, thereby improving the ability to kill cancer cells and hence leading to more effective treatment outcome of the disease. The researchers also confirmed the key role of a peptide (an extremely small protein) in regulating vascular access of the nanoparticle to the cancer site.

The discovery is the result of a two-year study co-led by Drs. Huan Meng and André Nel, members of UCLA's Jonsson Comprehensive Cancer Center and the UCLA California NanoSystems Institute. The findings are important as they demonstrate how the delivery of chemotherapy to pancreatic cancer can be improved significantly through the use of smart-designed nanoparticle features.

Read more here.



Pants Off Racing has known I lona Brown for over 5 years, and it is with excitement that we can share how she plans on mixing her passion with charity. She has been active in the real estate investment market for quite some time. Currently she is helping others see the road to wealth is paved with multiple streams of passive income. She details easy ways to calculate return investment, and look at real life examples from local markets. Below is an excerpt from one of her newsletters:

As part of my philosophy that business is a win-win endeavor, I'm so pleased to announce that at the close of each escrow I will donate 10% of my profits to an organization of your choice, or one of the organizations that will be highlighted in my monthly news bulletin.

This month's featured organization is especially dear to my heart: PANTS OFF RACING (Named after the founders' mother Nancy Amato, who "wore the pants in the family" and was diagnosed with pancreatic cancer more than eight years ago"). POR has been there for my family in a very real way after my late husband, Sam Brown, passed away from pancreatic cancer in 2011.

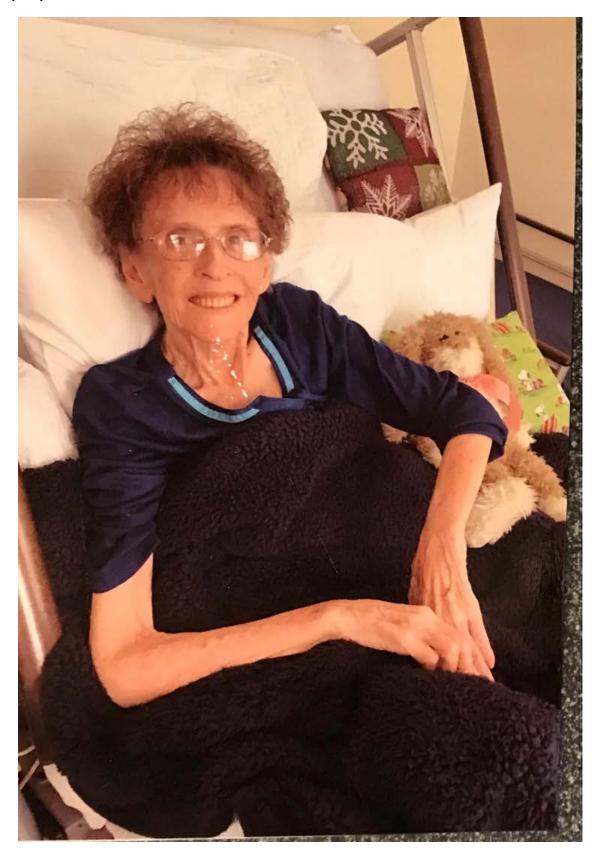
Not only have they brought holiday gifts for the last five years (and counting) to my young boys, Max and Leo (ages 5 and 7), but they also spend time with them throughout the year. They've taken them tadpole hunting, played tennis with them, came to visit us when we moved to Boston for a brief stint, and more importantly, continue to give of their time and hearts.

Please visit <u>POR</u> for more information and/or to donate.

Also, feel free to reach out to Ilona with any questions regarding passive income or other related real estate investing: *ilona@ilonabrown.com or call 310-592-1996*

Sentry Club: Hospice - Marjorie Green

Recently a family reached out to us regarding helping to support their mother while she was at Hospice. They live in Michigan and had found us by way of the Pancreatic Cancer Action Network (PCAN). Without thinking to long about it POR was able to not only able to help foot the bill for a week of Hospice, but we made a call to another great foundation in Nashville that helps people in similar positions. The Nikki Mitchell Foundation was kind enough to double our donation, really helping out the Green family. Even though they have never met us, they know that they have some friends and support for life @ Pants Off Racing. This is a picture of Marjorie Green, she lost her battle on March 10th, 2017.









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